

A safe Church for everyone

## **SL** What is safeguarding?

Safeguarding is helping you to keep safe from abuse and or neglect. It is about protecting you from harm and being hurt.



#### What is abuse and neglect?

Abuse is when someone hurts you or treats you badly. Abuse and neglect is always bad.

These are different kinds of abuse:

**Physical abuse** includes hitting, kicking, burning or making a mistake with your medication.





**Neglect** is about not getting the help, food or healthcare you need.

**Self-neglect** is when you are not looking after yourself, or not wanting help given to you.





**Financial Abuse** is about other people stealing money or things you own, not letting you have money or telling you what to send it on.

**Domestic Abuse** is any form of abuse from anyone that you live with, including boyfriend, girlfriend or ex's that you may not live with.





**Sexual abuse** is when you do not want to take part in a sexual activity such as touching, kissing, taking or sending sexual pictures.

**Psychological or Emotional Abuse** is shouting or threatening people in person or online and this could be bullying.





**Organisational Abuse** is about poor care, neglect by the people who are there to support you. This can include other types of abuse too.

**Modern Slavery** is working without being paid enough and can lead to other types of abuse too.





**Discrimination** is about any type of abuse because you are different.

Abuse or neglect can happen 1 or more times. You can be abused by someone you know, or someone working with you, or a stranger.

Abuse can happen in your own home, a care home, at church, at the doctors or hospital or in a public place.

#### Abuse is not when...

Sometimes things happen to all of us that we do not like.

Sometimes we get hurt by accident.

Sometimes we have arguments.

This is not abuse. Abuse is worse than these things.

### **Safe Spaces**

We want our Church space to be a safe place for:

- VOL
- the clergy, workers and volunteers
- other people who join us

To keep you safe, we have rules we must follow.

These rules will be talked about, and what is ok and not ok.



# **Our Safeguarding Rules**



All people have the right to be safe.

- We will protect everyone within our community.
- You or someone else can not hurt others.
- We support you to tell us if there is a problem.
- All clergy, workers and volunteers will learn what abuse is and how to spot it. We learn the correct way to support you.
- Everyone will follow the law and tell other people if someone is hurt or abused.
- All clergy, workers and volunteers have a working with children or vulnerable people card.
- We will make sure you are safe to express your culture with us.
- We will ask you for your permission. Permission is when you agree to something. You can choose if you do or do not give permission.
- We will listen to your choices.
- We will keep your privacy. Privacy means your information will not be told to other people unless other people must know to keep you and others safe.

### What happens if you're hurt?



We will quickly help you if you are hurt.

We will tell someone you are hurt and what happened.

## What should you do?



No one should live have to live with abuse.

By reporting abuse, you can make it stop.



Abuse is always wrong. You can speak to someone who supports you.

If you are worried about a friend or family member you could talk to someone who supports you.

You can use the phone numbers below to ask for help or report abuse.

For Police Call 000

Your Local Contact call \_\_\_\_\_

When you report abuse, people will listen to you and take you seriously.



